



**THOUGHT FOR THE MONTH:** Mood follows action. ~ Ron R. (*Conscious Contact October 18<sup>th</sup>*)

**CDA NEEDS DONATIONS:** Please continue to pass the Virtual Basket at your Zoom Meetings.

**H&I SERVICE OPPORTUNITIES:** A huge thank you to Matt G. for his many years of service as our H&I Chair! We need volunteers at the below institutions (contact Frank D. 240.375.3361 if you can help out).

- Evolve (Pasadena Sunday 7 pm) – week 4.

**CDA ACTIVITIES & ANNOUNCEMENTS:**

- Discounted rates for the CDA Camping Trip (10/24-27) have expired. Contact Yogi Bear Luray Campgrounds directly if you would like to rent a cabin/tent site/RV hookup (540.743.4002).

**NEXT ZOOM CENTRAL MD INTERGROUP MEETING:** Monday, November 4, 2024 at 7:00 pm. If you want your anniversary listed in the bulletin, contact your Intergroup Rep. Zoom Meeting ID: 864 7271 5147; Passcode: 873636.

***Central Maryland Anniversaries***

Jill K.	11 years	Thursday	October 17	Primary Purpose Zoom
Chris W.	3 years	Saturday	October 19	Stayin' Alive
Jason Y.	29 years	Friday	November 22	Cornholio (eating mtg., bring dish to share)

***Annapolis Area Anniversaries***

John S.	34 years	Wednesday	October 16	Principles Before Personalities
Rob K.	4 years	Monday	October 21	Sharing & Caring
Barry B.	13 years	Wednesday	October 30	Principles Before Personalities
TJ C.	24 years	Wednesday	November 6	Principles Before Personalities