



**THOUGHT FOR THE MONTH:** Never discourage anyone who continually makes progress, no matter how slow ~ *Conscious Contact July 22<sup>nd</sup>*

**CDA NEEDS DONATIONS:** Please continue to pass the Virtual Basket at your Zoom Meetings.

**H&I SERVICE OPPORTUNITIES & UPDATES:** Volunteers needed; contact Matt G. (240.498.6466):

- Jennifer Road Women (Annapolis Wednesday 6:30 pm) – weeks 2 & 4. Contact Eileen F. (410.703.3851).
- Jennifer Road Men (Annapolis Friday 7 pm) – need backups.
- Pathways Women (Annapolis Saturday 7 pm) – week 2.
- Evolve (Pasadena Sunday 7 pm) –week 4.

**MEETING ANNOUNCEMENT:** No Principles Before Personalities meeting Wednesday, July 10!

**CDA ACTIVITIES & ANNOUNCEMENTS:**

- We need volunteers to set up, clean up & bring food/drinks to the CDA Picnic (Sunday, August 11) at Selby On The Bay. Advance tickets are \$5; \$7 at the door. To purchase tickets, volunteer to help and/or bring a dish, text Jill K. (443.536.6973) or Linda D. (410.353.3341). Flyers available at meetings and on the CDA website. Don't forget to wear your cowboy boots & Stetson for the line dancing party!
- Celebrate Halloween in style at Yogi Bear Campgrounds, Luray, VA (October 24 - 27). For details, text Jill K. (443.536.6973) or Linda D. (410.353.3341). Flyers available at meetings and on the CDA website.

**NEXT ZOOM CENTRAL MD INTERGROUP MEETING:** Monday, August 5, 2024 at 7:00 pm. If you want your anniversary listed in the bulletin, contact your Intergroup Rep. Zoom Meeting ID: 864 7271 5147; Passcode: 873636.

***Central Maryland Anniversaries***

Jeff S.	29 years	Saturday	July 20	Stayin' Alive
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***Annapolis Area Anniversaries***

Sterling K. Alan A.	45 years 39 years	Wednesday	July 17	Principles Before Personalities
Henry A.	2 years	Thursday	July 29	Men of Serenity